

## Name of Service

## Provided By

## Description of Services

**Dementia Prevention Services**



Supports individuals with dementia and their families, focusing on early intervention and prevention. Prevention service to help improve wellbeing, sustainability and social inclusion for those with dementia. The Alzheimer's Society provide two courses Live Well with Dementia and Carers Information and Support Programme.

**Mental Health Prevention Service**



Prevention service to help improve wellbeing, sustainability and social inclusion for those with mental health difficulties. The mental health prevention service promotes well-being, prevents the need for intensive care, supports carers, provides information and advice, ensures quality and safety, and conducts Mental Health Act assessments.

**Older Frail Prevention Service**



Supports older adults who are frail, helping them maintain their independence and well-being. This service includes various forms of support such as care navigation, community support, hospital discharge assistance, and peer groups. The service aims to deliver information and advice, support with benefits, and peer support for the older frail population and those with long-term conditions.

**Physical and Sensory Disabilities Prevention Service**



The Havering Association of People with Disabilities (HAD) supports individuals with physical and sensory disabilities to maintain their independence and improve their quality of life. They offer one-on-one support, group activities, information and advice, peer support, and activity groups tailored to local needs.

**All Age Autism Service**



Havering's All-Age Autism Service is a community based service providing information and advice as well as peer support and activity groups to meet the needs of local people of all ages on the Autistic Spectrum. This will include supporting individuals and their families through the diagnosis process in the form of pre diagnostic support. The service targets support at those in the community with autism or exploring a diagnosis as well as a learning disability who are either receiving no or little existing support.

**Access Able Information Service**



Access Able is an online information service for vulnerable people who face challenges travelling around the community due to a range of factors, such as a physical disability, dementia, autism, Asperger's, etc. The service develops and maintains detailed accessibility guides that are uploaded onto a National website to support residents to access opportunities in the community that they may have previously not considered or dismissed as not accessible.

**Floating Support Service**



Offers housing-related assistance to vulnerable adults over the age of 16, helping them maintain their independence in their own homes. These services aim to promote independence and ensure the safety of vulnerable individuals. Support includes help with debt and finance management, dealing with housing benefits and applications, homelessness issues, and support for drug and alcohol problems as well as mental health issues.

**Home, Settle and Support Service**



The service provides practical and emotional support for those returning home from Hospital. The service helps people maintain their independence and improve their quality of life by offering various forms of support tailored to their needs.

**Havering Safe at Home**



The service aims to help individuals maintain their independence and improve their quality of life. It aims to reduce crime and the fear of crime by providing advice on home security e.g. window locks, door locks etc., for older people aged 60+ or vulnerable people who have been a victim of crime. In addition it aims to make it possible for victims of domestic violence and/or hate crime to remain safe in their homes.